



***iPMT***

**Pneumatic Pelvic Muscle Trainer**

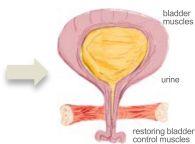
**PMT-0010**

PMT-0010 is designed to help **avoid bladder leaks** and **urinary incontinence**, aid **vaginal relaxation**; improve **post-natal pelvic muscle rehabilitation** and **quality of sexual life**.

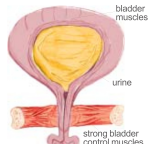
## HOW?



Pelvic muscle is weak,  
causing urinary  
incontinence



Pelvic muscle strengthening  
through exercise



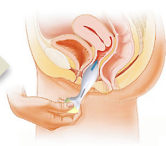
Full recovery from urinary  
incontinence



Assemble the unit



Gently insert the sensor  
into your vagina



Turn on the device, choose  
the mode



**To be available soon on App Store!**  
Use the application together with PMT-0010 to  
exercise safely and effectively to achieve better  
results.

# Features

- ✓ Adopts **pneumatic** and **biofeedback** technology, guides you through **quick and effective Kegel exercises**
- ✓ Automatically **inflates** and **deflates**, easier to operate
- ✓ **Real-time pressure value** shown on the **digital pressure gauge** in mmHg, more accurate
- ✓ Preset **“Test”** and **“Training”** modes **test and track** your progress weekly, test mode gives out **pelvic muscle strength level** when test is completed, helps to **monitor progress** and **motivates you** to improve performance
- ✓ Flexible **medical grade silicone probe** for training in **multiple positions** (lying, sitting and standing)



## PACKAGE CONTENTS

No.	Content	Qty	Unit
1	Trainer	1	pc
2	Probe	1	pc
3	Instruction Manual	1	pc
4	Plastic case for sensor	1	pc
5	Nylon bag	1	pc



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